



International
Federation
of Sports Medicine



Sports Medicine
Association
of Greece



**WORLD
ANTI-DOPING
AGENCY**
play true



FIMS - WADA

Pre-Congress Course

Anti-Doping in Sport

Wednesday September 22nd, 2021

Divani Caravel Hotel
Athens, Greece



SCIENTIFIC PROGRAM



09:00 Registrations

09:00-09:15 Goals of Session and overview of programme

WADA Medical Director - Alan Vernec, Canada

WADA TUE Chair - David Gerrard, New Zealand

FIMS Chair Education Committee - Demetri Constantinou, South Africa

President FIMS2020 Congress - Konstantinos Natsis, Greece

FIMS President - Fabio Pigozzi, Italy

09:15-09:45 DOPING/ ANTI-DOPING IN THE MODERN ERA

Moderator: **Alan Vernec, Canada**

Landmark events

Richard Budgett, Switzerland

09:45-10:15 THE LIST OF PROHIBITED SUBSTANCES & METHODS

Moderator: **Yoko Dozono, WADA**

- Criteria for substances getting on (or off) the List
- Navigating the List
- Hot topics

Audrey Kenihan, Ireland

10:15-10:45 Coffee break

10:45-11:15 THE CODE AND ISTUE

Moderator: **David Healy, WADA**

Key Elements and the Summary of changes to ISTUE

Elizabeth Riley, UK

11:15-12:00 CHALLENGING MEDICAL CONDITIONS AND TUE CASES

Moderator: **David Gerrard, New Zealand**

- Stimulants for ADHD
- Testosterone for Hypogonadism
- Diuretics for Hypertension

Susan White, Australia, John Lombardo, USA, Simon Kemp, UK

12:00-13:00 Lunch break

**13:00-13:30 ETHICAL ISSUES AND PHYSICIAN RESPONSIBILITIES**Moderator: **Nikolaos Raikos, Greece****Mike McNamee, Wales, Demetri Constantinou, South Africa****13:30-14:15 CONSEQUENCES OF DOPING FOR ATHLETES AND PHYSICIANS**Moderator: **Dimitrios Kouvelas, Greece**

- Key concepts in results management: Strict Liability, Contamination, Specified/non-Specified: 2 cases
- Health risks and social consequences
- Consequences for medical professionals

Elizabeth Riley, UK, Ola Ronsen, Norway, Jamie Kissick, Canada**14:15-14:45 DIETARY SUPPLEMENTS**Moderator: **Young-Hee Lee, South Korea**

Evidence based approach to efficacy and risks

Ron Maughan, UK**14:45-15:00 Coffee break****15:00-15:30 CHALLENGING MEDICAL CONDITIONS/TUE CASES**Moderator: **Sebastian Thormann, Switzerland**

- Clomiphene for infertility
- Glucocorticoid cases

Katharina Grimm, Germany, Katja Mjøsund, Finland**15:30-16:00 FUTURE OF ANTI-DOPING: INVESTIGATIONS AND SCIENCE****Alan Vernec, Canada, Yannis Pitsiladis, UK****16:00-16:15 COURSE WRAP-UP AND EVALUATION****David Gerrard, New Zealand**

